

Oregon
Workers' Compensation Division
Medical Advisory Committee Recommendation
Regarding Platelet Rich Plasma (PRP) Injection
January 8, 2016

Summary:

The Medical Advisory Committee for the Workers' Compensation Division researched and analyzed whether PRP injections are considered a form of Prolotherapy and, if not, whether PRP injections should be a compensable medical service.

After conducting a thorough literature review and determining the most persuasive studies, the Committee concluded that PRP injections are **not** a form of Prolotherapy and should **not** be a compensable medical service.

Since there is considerable research still ongoing, the MAC expects to re-evaluate PRP injections in the fall of 2016.

Findings:

- Plasma Rich Platelet injections are not a form of Prolotherapy.
- Plasma Rich Platelet injections are not compensable because they are:
 - Unproven - The evidence does **not** demonstrate efficacy
 - Experimental - There is **insufficient** evidence to reasonably assess outcome

Recommendation:

- 1) Platelet Rich Plasma injection is **not** a form of Prolotherapy.
- 2) Platelet Rich Plasma injection is **not** a **compensable** medical service.