Oregon Administrative Rule Revision Chapter 436, Divisions 009, 010, and 015

Minutes

Rulemaking Advisory Committee Meeting November 30, 2023, 1:30 p.m.

Location of meeting: 350 Winter St. NE, Salem, OR; Virtual Teams meeting

Stakeholders attending:

Kirsten Adams	Associated General Contractors
Kevin Anderson	SBH Legal
Steven Bennett	American Property Casualty Insurance
Karen Betka	Farmers Insurance
Kaylee Bond	CorVel Corporation
Travis Brooke	Cascade Health
Scott Colling	Cascade Health
Adam Fowler	Optum
Maggie Gerlicher	Associated General Contractors
Isabel Hernandez	Health e Systems
Matthew Jacobsen	Oregon Occupational Medicine
Lisa Johnson	Majoris Health Systems
Heidi Kaiser	Integrity Medical Evaluations
Dustin Karstetter	Oregon RIMS
Ann Klein	Majoris Health Systems
Leann Lewis	ManageWare
Amanda Mercier	SAIF
Kimberly Mohler	Oregon RIMS
Bryan Null	SAIF
Susan Quinones	City of Portland
Elaine Schooler	SAIF
Keith Semple	Oregon Trial Lawyers Association
Julie Tucker	Salem Health
Connie Whelchel	KPD Insurance
Gina Wescott	Special Districts Association of Oregon
Derek Sangston	Oregon Business and Industry
David Barenberg	SAIF
Jenny Walsh	Providence
Ivo Trummer	SAIF
Kevin Barrett	SAIF
Dan Schmelling	SAIF
Nick Hilbers	The Harver Company
Catherine Shaw	Sedgwick
Tanya Miller	CCMSI

Allison Morfitt	SAIF
James Washburn	Kaiser Permanente
Craig Miller	Miller Law, LLC
Theodore Heus	Quinn & Heus
Ryan Hearn	Roseburg Forest Products
Sheri North	Enlyte
Kathy Gehring	SAIF
Jeanette Decker	Providence
Jovanna Patrick	Oregon Trial Lawyers Association
Rebecca Fey	Reinisch Wilson
Julene Quinn	Quinn & Heus
Tamie L Tlustos-Arnold	Kaiser Permanente
Tom Hernandez	Pro Language
Dee Heinz	SAIF
Amanda Potter	SAIF
Susan Lavier	City County Insurance Services
Todd Johnson	NCCI
Robert Davis	Kaiser Permanente

Department staff members attending:

Matt West
Don Gallogly
Rob Andersen
Juerg Kunz
Kirsten Schrock
Stanley Fields
Marie Loiseau
Troy Painter
Steve Passantino
Teri Watson
Tasha Fisher

<u>Minutes</u>: Marie Loiseau welcomed the committee members, asked the members to provide advice about any fiscal impacts of possible rule changes, and also to advise about effects on racial equity in Oregon. Marie called a roll of attendees, including stakeholders and State of Oregon employees.

NOTE: Additional summary minutes are included below each issue.

Timestamp: please refer to 18:18 in the meeting's audio recording.

Rule: OAR 436-009-0004 and Appendices B - E (Temporary rule, effective January 1, 2024)

Issue: The American Medical Association (AMA) and the Centers for Medicare and Medicaid Services (CMS) publish new CPT[®] and HCPCS codes, effective January 1, 2024. However, the Workers' Compensation (WCD) does not publish its permanent fee schedule updates until April 1, 2024 (projected effective date). This prohibits providers from using the latest set of codes for workers' compensation billings and forces insurers to return bills as unpayable if providers use new codes from January 1 through March 31, 2024.

Background:

- In order to allow time for public input, WCD publishes a new physician fee schedule (Appendix B), new ASC fee schedules (Appendices C and D), and a new DMEPOS fee schedule (Appendix E), effective April 1 of each year.
- Adopting the new CPT[®] and HCPCS codes, effective January 1, 2024, would simplify billing for providers and wouldn't force insurers to return bills as unpayable due to invalid, new codes.
- For those new codes that CMS publishes relative value units (RVUs) or payment amounts, WCD could update appendices B E, effective Jan. 1, 2024, and assign maximum payment amounts using the 2023 conversion factors/multipliers. One should bear in mind that due to time and staffing restraints, it may not be possible to update all appendices.
- Various organizations will publish updates to standards that WCD adopted in OAR 436-009-0004.
- WCD began issuing temporary rules in January 2016 to allow providers to bill insurers using new codes for dates of service from January 1 through March 31 of each year.
- As in years past, the temporary rules would not delete any codes from any appendix and providers may continue to use all codes valid in 2023.

Options:

- Adopt new CPT[®] codes and standards (OAR 436-009-0004) through a temporary rule, effective January 1, 2024.
- Update appendices B E with payment amounts for new codes using the 2023 conversion factors/multipliers, where possible.
- Not issue a temporary rule.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

Minutes:

- Marie Loiseau described the issue see above and asked the committee for advice.
- No discussion.

Page 4 of 39

Level 3 - Restricted

Timestamp: please refer to 19:35 in the meeting's audio recording.

Rule: OAR 436-009-0004 and Appendices B - E (Permanent rules, effective April 1, 2024)

Issues:

- ORS 656.248(7) requires that WCD update the fee schedules annually.
- The references listed in OAR 436-009-0004 and the fee schedules published in appendices B through E will be outdated when the permanent rules become effective on April 1, 2024.

Background:

- The above listed appendices are based on conversion factors and multipliers developed by DCBS, and on values and fee schedule amounts listed in spreadsheets published by the Centers for Medicare & Medicaid Services (CMS). In particular:
 - Current Appendix B is based on the CMS file *RVU23A*, effective January 2023. We expect that CMS will publish the file containing the 2024 RVUs in November 2023.
 - Current Appendix C and D are based on spreadsheets published by CMS in CMS-1772-FC. We expect that CMS will publish CMS-1786-FC, containing the 2024 ASC fee schedule amounts for surgical procedures and ancillary services, in November 2023.
 - 3) Current Appendix E is based on the CMS file *DME23-A*, effective January 2023. We hope that CMS will publish the file containing the 2024 DMEPOS fee schedule in November 2023.
- Every year, there are some CPT[®] and HCPCS codes that are deleted and some new codes are introduced. Adopting new billing codes and updating Appendices B through E allows us to stay current with valid CPT[®] and HCPCS codes.
- Every year, DCBS develops updated conversion factors and multipliers taking into account stakeholder input, utilization of medical services, and the new values and fee schedule amounts developed by CMS.
- Various organizations publish updates to standards that WCD adopted in OAR 436-009-0004.

Options:

- Adopt updated standards listed in OAR 436-009-0004 and update Appendices B through E using more current CMS spreadsheets and updated WCD conversion factors/multipliers.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

Minutes:

• Marie Loiseau described the issue – see above – and asked the committee for advice.

Issue # 3 (1991)

• No discussion.

Timestamp: please refer to 20:17 in the meeting's audio recording.

Rule: OAR 436-009-0040 and Appendix B

Issues:

- A stakeholder requested that WCD discuss the fee schedule level of the physical medicine and rehabilitation (PM&R) category of the physician fee schedule.
- Another stakeholder requested a fee increase for the following billing codes: 12001 (simple repair of up to 2.5 cm superficial wound), 15853 (removal of sutures or staples not requiring anesthesia), 99203, 99204, 99205 (office visits new patients), 99213, 99214, 99215 (office visits established patients), 99442, 99443 (telephone evaluation and management 11 20 minutes, 21 30 minutes resp. of medical discussion), N0001 (brief narrative), and N0002 (complex narrative).

Background:

- The PM&R category contains CPT[®] codes 97010 through 97799.
- PM&R services are mainly provided by physical and occupational therapists, and chiropractic physicians.
- The PM&R category is the largest payment category of the physician fee schedule. Payments for PM&R services provided in 2022, were \$64,573,046, representing around 37 percent of the total payments for services covered under the physician fee schedule.
- Over the past 10 years, from 2013 to 2023, WCD raised the overall fee schedule for the PM&R category by two percent. All other categories saw larger increases during that period:
 - Minor Surgery, Radiology, Lab and Pathology, Medicine, and Anesthesiology: Five percent;
 - Evaluation and management (E/M) other than office visits: 10 percent;
 - Major surgery: 20 percent;
 - Chiropractic manipulation codes: 21 percent; and
 - E/M office visits: 40 percent.
- Since 1997, the Oregon workers' compensation physician fee schedule is based on CMS' resource-based relative value scale (RBRVS). The RBRVS assigns, where possible, a relative value unit (RVU) to each code¹. The RVU consists of three values:
 - 1. One for the work performed by the provider, which includes time and experience;
 - 2. One for the practice expense, i.e. the provider's overhead; and

¹ CMS is unable to assign an RVU to some codes that are relatively unspecific; e.g. surgical CPT code 21899 (Unlisted procedure, neck or thorax).

- 3. One for the malpractice expense.
- In essence, the RBRVS determines the value of a service compared to another service. In order to assign a fee schedule amount for a service, one has to multiply the RVU for that service by a conversion factor.
- WCD groups CPT codes into nine categories and assigns a conversion factor to each category.
- There are only a few codes, such as chiropractic manipulation treatment codes (98940 98943), where WCD publishes fee schedule amounts independent of CMS' RVUs.
- The All-Payers All-Claims (APAC) data allows WCD to compare the maximum allowable payment (MAP) under the workers' compensation (WC) fee schedule to the median allowed amount of commercial insurers who report to the Oregon APAC database. The latest APAC data available is from 2021. When comparing the WC MAP to commercial insurers' allowable payments for 2021, we find:
 - PM&R category: The average WC MAP is 8% above the median amount of commercial insurers.
 - CPT[®] Code 12001: This code is part of the minor surgery category. The WC MAP is 26% above the median amount of commercial insurers. The minor surgery category as a whole is 48% above the median amount of commercial insurers. WCD has not raised the average WC MAP of the minor surgery category since 2021.
 - CPT[®] Code 15853: This is a new code that was added to the minor surgery category in 2023.
 - CPT[®] Codes 99203 99205: The WC MAP ranges from 9% below (99204) to 4% above (99205) the median amount of commercial insurers.
 - CPT[®] Codes 99213 99215: The WC MAP ranges from 8% (99214) to 25% (99215) above the median amount of commercial insurers. The office visit category as a whole is 3% above the median amount of commercial insurers. WCD raised the average WC MAP of the E/M office visit category by 18% in 2023.
 - CPT[®] Codes 99442 and 99443: The WC MAP for 99442 is 57% above and for 99443 14% below the median amount of commercial insurers. WCD has not raised the average WC MAP of the E/M other than office visits category since 2021.
 - Oregon specific codes N0001, and N0002. Since these are Oregon specific codes, no comparison to the APAC data is possible. From 2013 to 2023, WCD raised the MAP for N0001 and N0002 by 5%.

Options:

- Increase the maximum payment amounts of the physical therapy and rehabilitation category.
- Decouple specific codes from CMS' RBRVS system and publish fee schedule amounts for selected codes without using CMS' RVUs.
- Make no change.

• Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Steven Bennett asked for more information regarding the shortage of providers, if any, in this category.
- Juerg Kunz (WCD) clarified that the issue here is wait time for workers; often, the division sees that workers are able to find providers, but there is often several months of wait time before the provider can see the worker.
- Steven Bennett followed up asking about the cause of that delay; specifically, he questioned whether the delay was a result of a shortage of providers or something related to the fee schedule.
- Juerg Kunz noted that, at this time, the division does not have the information available.
- Ryan Hearn of Roseburg Forestry Products added that, in the Eugene/Roseburg area, they see the same long treatment delays for workers interested in seeing physical therapists.
- Julie Tucker of Salem Health noted that, in the Salem area, workers see long delays for physical and occupational therapists, despite having a full staff of these providers. Julie noted that, of her full staff, only a few providers are specialized to provide workers' compensation services (costly, specialized skills, specialized programs).
- Juerg Kunz asked Julie Tucker if, in her opinion, addressing the fee schedule would rectify the issue of delays.
- Julie noted that the cost of doing business in workers' compensation has "skyrocketed," and she believes addressing the fee schedule would assist in getting providers in the field.

Timestamp: please refer to 29:30 in the meeting's audio recording.

Rule: OAR 436-009-0023 and Appendices C and D

Issue: Since WCD's introduction of CMS' ambulatory surgery center (ASC) payment system in April 2012, WCD has not raised the ambulatory surgery center fee schedules (Appendices C and D).

Background:

- Prior to April 1, 2012, WCD published one ASC fee schedule, covering the facility cost of an ASC, based on Medicare's 2006 ASC groupers. Since April 1, 2012, WCD uses CMS' new ASC payment system and part of CMS' hospital outpatient prospective payment system for the ASC fee schedules.
- Appendix C covers fees for ASC facility services, such as operating and recovery rooms, all services and procedures provided with surgical procedures furnished by nurses, technical personnel, laboratory testing, supplies, etc. Appendix D, also introduced on April 1, 2012, covers ancillary services, such as x-rays, provided by ASCs.
- WCD applies a multiplier to CMS' ASC fee schedules. Since 2012, WCD has adjusted the multiplier to keep the ASC fee schedule cost neutral, meaning, if utilization stays the same from year to year, the total costs for ASC services also stay the same.
- In 2022, total payments to ASCs were \$18,152,783, representing 14 percent of the total facility² payments.

Options:

- Increase the ASC fee schedule by ?? percent.
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Steven Bennett asked the division to clarify if the multiplier would be lowered as the ASC fee schedule was increased to keep it in balance.

² Facility services consist of hospital outpatient, hospital inpatient, ASC, skilled nursing, and home health services

- Juerg Kunz (WCD) responded that no, the division would not lower the multiplier if we increase the fee schedule. Juerg noted that adjusting the fee schedule would help offset inflation and help to keep valuable ASCs in the workers' compensation arena. Juerg further clarified that we use the Medicare fee schedule and apply a multiplier to that fee schedule to come up the division's fee schedule; raising the multiplier by a certain percentage would, therefore, result in about the same percentage increase in the fee schedule.
- Kirsten Adams asked if this issue is related to the increase in chiropractic codes (2022) or if there was any impact from that increase on this category or issue.
- Juerg Kunz noted that there was no impact.

Timestamp: please refer to 37:40 in the meeting's audio recording.

Rule: OAR 436-009-0080(7) Durable Medical Equipment (DME) Rental Rates

Issue: Some of the rental rates for DME, published in OAR 436-009-0080(7) are outdated.

Background:

- On January 1, 2012, WCD started using CMS' DMEPOS fee schedule as the basis for the new workers' comp DMEPOS fee schedule.
- Many items covered by the DMEPOS fee schedule are being rented, not purchased. The monthly rental rate is 10% of the fee schedule amount (purchase price), published in appendix E.
- Analysis of WCD's billing and payment data showed that for some items, the calculated rental rate was significantly below the going rental rate, and providers pointed out that they would not be able to provide these items at the calculated rental rate. Therefore, 18 DME codes were carved out, and WCD publishes a rental rate in OAR 439-009-0080(7) for these DME codes independent from the purchase price.
- While CMS' and WCD's DMEPOS fee schedules are updated annually, no changes to the rental rates published in OAR 436-009-0080(7) have occurred.
- A recent analysis has brought to light that, due to increases in the DMEPOS fee schedule, the rental rates for some DME codes published in OAR 436-009-0080(7) are now lower than 10% of the purchase price.
- Although WCD has not received any complaints from DME providers, it is reasonable to remove those codes whose rental rates are below 10% of the purchase price from OAR 436-009-0080(7), i.e., their rental rates will be 10% of the purchase price published in Appendix E.
- As of 2023, there are three codes whose rental fees published in OAR 436-009-0080(7) are below 10% of the fee schedule amount: E0194, E0434, and E0971.

Options:

- Remove codes E0194, E0434, and E0971 from OAR 436-009-0080(7).
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- No discussion.

Issue # 6 (1990)

Timestamp: please refer to 39:53 in the meeting's audio recording.

Rule: OAR 436-009-0060 (Oregon Specific Codes)

Issue: An arbiter physician noted that there was no code for a very complicated report, which could take 2+ hours, and thought such a code should be paid in the \$600 range. The physician further suggested that a new code be created for the most complicated exams, payable at least in the \$750 to \$800 range.

Background:

- WCD publishes Oregon Specific Codes (OSCs) and fee schedule amounts for arbiter services in OAR 436-009-0060(2) and Appendix B.
- There are five billing codes for an arbiter file review:
 - AR021 for a file review of a limited record, payable at \$150;
 - AR022 for a file review of an average record, payable at \$250;
 - AR023 for a file review of a large record, payable at \$397.57;
 - AR024 for a file review of an extensive record, payable at \$767.38; and
 - AR025 for a file review of an extensive record with unique factors, payable at \$1023.93.
- For arbiter exams, there are only three basic and one extra codes available:
 - AR001 for a basic medical exam with no complicating factors, payable at \$384.06;
 - AR002 for a moderately complex exam that may have complicating factors, payable at \$511.58; and
 - AR003 for a very complex exam that may have several complicating factors; payable at \$639.86.
 - AR004 is used for a limited exam that may involve a newly accepted condition, or a partial exam, payable at \$192.03.
- Similar to exams, there are only three basic codes available for arbiter reports:
 - AR011 for a report that answers standard questions, payable at \$150;
 - AR012 for a report that answers standard questions and complicating factors, payable at \$250; and
 - AR013 for a report that answers standard questions and multiple complicating factors, payable at \$400.
- If we introduced a new code for a most complicated exam, it might be more logical to assign code AR004 to that exam, and use a new code (AR005) for an exam currently described by code AR004.

Options:

- Create a new OSC for a most complicated exam, payable at, e.g., \$775.
 - Use current code AR004 for the most complicated exam; and
 - Use a new code (AR005) for a limited exam currently coded as AR004.
- Create a new OSC for a most complicated report that may take over two hours to complete, payable at, e.g., \$650.
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

Minutes:

- Marie Loiseau described the issue see above and asked the committee for advice.
- No discussion.

Issue # 7 (2018)

Timestamp: please refer to 42:50 in the meeting's audio recording.

Rule: OAR 436-009-0060 (Oregon Specific Codes)

Issue: The Appellate Review Unit (ARU) is experiencing significant challenges finding psychiatrists to perform psychiatric arbiter exams and psychologists to perform the extensive testing needed in neuropsychological arbiter exams.

Background:

- There are very few providers willing to participate in these types of exams based on our current fee schedule and many are booked out far beyond the time period ARU needs to complete the reconsideration process within. Also, whereas psychiatric exams and neuropsychological exams were very infrequent in the past, we have seen a significant increase in cases requiring these exam types.
- ARU's statutory short time frames, in combination with a limited pool of providers willing to participate and with available time within the period needed, are making these exams very challenging to obtain.
- These exams types, unlike physical exams that usually are an hour or less, can take several hours to complete.

- ARU proposes to create a new Oregon specific code (OSC) for psychiatric arbiter exams and the psychological provider component of the neuropsychological arbiter exams, payable as billed.
- ARU would instruct psychiatrists and psychologists to use existing OSCs with a fixed fee schedule amount for performing a file review and authoring a report in addition to a newly created exam code.
- By creating an "as billed" code ARU anticipates broadening the examiner base and retaining more examiners for these exam types. ARU believes a broader examiner base in this area benefits the system through diversity and offers more opportunities for deselection by the parties. OAR 436-030-0165(2) states, in part: "If the director determines there are enough appropriate physicians available to create a list of possible arbiters and it is practicable, each party will be given the opportunity to agree on a physician and to remove one physician from the list through the process described below." Due to the limited number of providers willing to perform psychiatric and the psychological provider component of the neuropsychological exams, deselection is not currently an option and ARU would like to be able to recruit and build a larger pool of providers to possibly provide that opportunity for these exam types.
- ARU anticipates a limited financial impact as, though the number of these exam types has increased, they remain a small fraction of the overall arbiter exams performed.
- Additionally, a broader arbiter pool could potentially reduce travel/accommodation costs. Currently we have workers from all over the state traveling to Southern Oregon for neuropsychologists, because that's often the only region we can find a provider with availability.
- OAR 436-009-0010(8) provides that "[f]or services where the fee schedule does not establish a fixed dollar amount, an insurer may challenge the reasonableness of a provider's bill on a case by case basis by asking the director to review the bill under OAR 436-009-0008.

Options:

- Create a new OSC for an arbiter exam performed by a psychiatrist or psychologist, payable as billed.
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

Minutes:

• Marie Loiseau described the issue – see above – and asked the committee for advice.

Page 14 of 39

- Steven Bennett asked about the number of exams and also acknowledged there could be a benefit to raising the fee, but expressed concern about the open-ended "as-billed" concept.
- Juerg Kunz (WCD) noted that rule 10 in the division 009 rules (cited above) puts some fee control in place; that rule allows an insurer to challenge the provider fee and to bring forward a dispute if the fee is unreasonable.
- Steve Passantino (WCD) then addressed Steven Bennett's question regarding the number of exams: in past years, noted Steve, the ARU saw roughly 10-12 psychological and neuropsychological exams, cumulatively. To date in 2023, the ARU has had about 30 psychological and neuropsychological exams.
- Ann Klein asked if the ARU possessed specific data indicating the barrier to access to these types of providers was the fee schedule rather than reduced availability overall. Ann noted that Majoris Health Systems has experienced limitations for in-network and non-network providers in these specialties.
- Steve Passantino noted that the ARU does not possess that data at this time. However, Steve noted that, when the ARU recruits, it is his and others' shared opinion that the fee schedule is the primary barrier as it does not contemplate the long exam timeframes (which significantly exceed the normal physical timeframes.)
- Ann Klein asked about raising the fee schedule in other areas (e.g. standard consultations, treatment outside of the arbiter exam), but Steve Passantino was unable to comment outside on these services outside the scope of this issue.
- Ann Klein added that the circumstances surrounding psychological and neuropsychological exams (i.e. demand) has changed significantly over the past ten years. She suggested that, if the division implements an increase in the fee schedule rates, the division should set a metric of the availability now and participation numbers; then, she suggests the division revisit in six to twelve months to determine the impact.
- Derek Sangston asked for information regarding the cost of these exams if the new rule were to be implemented.
- Steve Passantino noted that he has seen a few of these billings as matriculated to the insurer, but has only seen them as a bundle; therefore, he was unable to share how much of the cost was associated with the exam. Steve noted those bundles ranged between \$3,500 and \$6,200.
- Elaine Schooler echoed the concern regarding an open-ended "as-billed" concept. She asked about putting a fee range or "guardrails" in place to create more certainty as to what the billings would look like; she noted the concern of raising frequent fee reasonableness disputes with providers in the system (when there is already a shortage of providers).

Issue # 8 (2000)

Timestamp: please refer to 58:05 in the meeting's audio recording.

Rule: OAR 436-009-0110 (Interpreters)

Issue: A stakeholder noted that since rates last increased for interpreter services, inflation significantly lowered the value of the maximum hourly rate currently payable by insurers.

Background:

- The stakeholder stated that the Bureau of Labor Statistics' website displays a CPI calculator that computes a 13.6% inflation from 2021 to 2023.
- The stakeholder proposes a 9.2% increase in the certified and non-certified interpreter hourly rates.
- WCD last increased the maximum interpreter hourly rates on April 1, 2022, by an average of 8.4%.

Options:

• Make the following changes to the interpreter fee schedule:

\$ 65.00 71.00 \$ 76.00 83.00
\$ 76.00 83.00
\$ 76.00<u>83.00</u>
\$16.2517.75 per 15-minute increment; a 15-minute increment is considered a time period of at least eight minutes and no more than 22 minutes.
\$19.0020.75 per 15-minute increment; a 15-minute increment is considered a time period of at least eight minutes and no more than 22 minutes.
\$19.0020.75 per 15-minute increment; a 15-minute increment is considered a time period of at least eight minutes and no more than 22 minutes.
No payment allowed The private vehicle mileage rate published in <u>Bulletin 112</u>
\$65.0071.00 no-show fee plus payment for mileage if 15 or more miles round trip
The amount billed for interpreter services and mileage

Interpreter Registry at http://www.oregon.gov/oha/oei/Pages/HCI-Program.aspx .

- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Tom Hernandez noted that, although there was an increase for interpreters in 2022, that increase was the first increase in eleven years (or so).
- Elaine Schooler noted that she was interested in the proposed increase given the inflation increases between 2021 and 2023; she noted that Tom's comment regarding the previous increase was helpful.
- Elaine Schooler also asked if there is a shortage of providers; she wondered if the issue is fees or access.
- Tom Hernandez added that he has seen several interpreters turning away from the interpreter profession, at least those providing mobile services (going to providers' facilities), due to the unfavorable economics surrounding travel costs.

Timestamp: please refer to 1:04:44 in the meeting's audio recording.

Rule: OAR 436-010-0240 (Medical Records and Reporting Requirements for Medical Providers)

Issue: There is no timeframe for how soon after receiving a request for medical records from workers or their representatives a medical provider must provide the requested records.

Background:

- A stakeholder noted: "Is there a reason why 436-010-0240(4)(c) does not require medical providers to provide the same information to the patient's representatives as it does to the insurer or its representatives? We have been getting more and more push back when we are trying to get records for the representation of our clients. *** It seems both sides should have the same mandatory right, including the 14-day turnaround, to get the patient's records. This is similarly weighted in favor of the insurer in 436-010-0270. While I appreciate the insurer's deadlines, we quite often have our own deadlines and end up fighting to obtain records for much longer periods."
- OAR 436-010-0240(4)(c) provides that a medical provider must provide all relevant information to the director, or the insurer or its representative upon presentation of a signed Form <u>801, 827</u>, or <u>2476</u>..
- Further, subsection (4)(d) provides that the medical provider must respond within 14 days of receipt of a request for progress reports, narrative reports, diagnostic studies, or relevant medical records needed to review the efficacy, frequency, and necessity of medical treatment or medical services.
- Subsection (4)(e) states in relevant part: "Patients or their representatives are entitled to copies of all medical and payment records, *** . Patients or their representatives may request all or part of the record. These records should be requested from the insurer, but may also be obtained from medical providers."

Options:

- Add a timeframe, e.g., 14 days, to OAR 436-010-0240(4)(e); or add "workers or their representatives" to subsection (4)(c).
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Keith Semple noted that he approved of this suggestion; he has experienced difficulties getting records and believes the suggested requirements should act in parallel for the worker's benefit and the benefit of the insurer.
- Craig Miller noted that he raised this issue initially; he has experienced pushback from insurers with respect to providing records. He noted that all of his clients sign a Form 2476; however, when the Form 2476 is sent to the provider, they are often not willing to provide anything. He noted that adding a "shall" or a "must" to the rule to incentivize prompt sending of those records would be helpful. He also suggested changing the wording on Form 2476 to make it clear that there is a requirement to provide the records.

Timestamp: please refer to 1:12:13 in the meeting's audio recording.

Rule: OAR 436-010-0270 (Insurer's Rights and Duties)

Issue: Currently insurers are not required to communicate to providers, or workers or their representatives whether the insurer will authorize or deny treatment after an MCO approves it as medically appropriate.

Background:

- This issue was raised by a workers' attorney. The attorney stated: "I regularly see MCOs approve surgery and the insurer remain silent on the issue. If no MCO were involved, the insurer would be subject to the elective surgery rules, which give a sensible timeline for responding to the authorization request. This creates confusion for workers who are not aware of what needs to happen to move things forward. I would propose a rule that requires insurers to acknowledge the MCO approval and authorize or deny services within a specified time frame."
- In MCO enrolled claims, a variety of medical services require pre-certification by the MCO. The MCO reviews the pre-certification request for appropriateness of the medical service. Any party, including an insurer, that disagrees with the MCO's pre-certification decision may appeal the decision to the MCO within 30 days.
- Since the MCO's pre-certification decision is in regards to the appropriateness of a medical services, it is not a guarantee of payment, as the insurer may deny the service, e.g., on the grounds that the service is not related to the compensable injury. In such a case, the insurer is not required to either appeal the MCO decision or notify the parties that the insurer denies the service as not causally related.
- Without communication by the insurer whether the insurer will authorize or deny treatment after an MCO approves it as medically appropriate, a provider may not be willing to provide the service, which can delay treatment for the worker, or the provider risks not getting paid, despite MCO approval.

Options:

- Create a rule that requires insurers, within a specified time frame, to communicate to providers, or workers or their representatives whether the insurer will authorize or deny treatment after an MCO approves it as medically appropriate.
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Steven Bennett noted that this issue seems to be confusing two issues: (1) whether the treatment is medically appropriate and (2) whether it's related to the workplace injury. He noted that it is desirable to determine whether the treatment is appropriate; however, he does not believe one has to determine whether it is related to the workplace injury within 14 days; he noted the latter determination can often take more than 14 days.
- Keith Semple noted he brought this issue forward. He noted that the elective surgery rule gives seven days to make a decision whether the insurer is going to accept, approve, deny or request an MCO. He also noted the timeline provided for an IME. He opined that whether the timeline be seven days, 14 days, or something else, there needs to be some process or requirement to communicate back to the worker and the provider. Keith added that this would eliminate confusion about the status of matters for the worker who may only learn from a provider after significant wait time that nothing has been moving forward for the worker's claim.
- Craig Miller noted that he has come across the circumstance frequently in which clients have MCO approval for surgery but the doctor won't perform the surgery because the insurer has not yet responded regarding the treatment. Craig noted that the wait time for workers can be several months. Craig agreed with Keith Semple that there should be some timeline in place to avoid this wait for workers.
- Elaine Schooler asked if this rule was focused solely on surgeries or if it pertained to all medical services that are reviewed for appropriateness by the MCO; she noted there can be a range of services and complexities relative to those services. Elaine provided the example in which an IME is involved—in such circumstances, it can take 7-10 days for the insurer to receive the report. Finally, Elaine echoed others by stating the appropriateness of treatment and the connection to the workplace are two distinct considerations.
- Keith Semple responded by asking what timeline, if any, should apply to a compensability decision for a medical procedure? He noted there are timelines in place for other compensability decisions (and listed examples). He noted that the current process is confusing for providers and for insurers, and creating a process could help eliminate that confusion.
- Ted Heus shared a story in which a client needed surgery but private insurance wouldn't authorize the surgery without first receiving a denial or disapproval from the initial insurer. If there was a timeline to provide that denial or disapproval, noted Ted, it would help workers seeking services from private insurance. Ted also noted that an approval or disapproval can trigger an medical resolution team (MRT) dispute in which the causation can be determined. Ted noted that, while the MRT process may not be fast, it is at least moving and in writing.
- Rebecca Fey noted that she shared some of the concerns raised by Elaine Schooler and called the suggested pre-certification language a "slippery slope" expanding the requirement of pre-certification not required under the rules. She noted that the text, as it

is written now, is broad. Further, as proposed, this may speed up the timeframe for the insurer to make a compensability determination to an unfair degree.

- Craig Miller reiterated Ted Heus' point regarding delays of private insurance coverage, but noted that this problem reaches beyond just surgery. He commented that it sounds as if the issue for insurers is not the appropriateness of this rule, but the timeline. He stated further that—whether it is seven, 14, or 30 days—getting a timeline in place for this is important.
- Rebecca Fey noted that, in her perspective, this is not just an issue regarding the timeline; the concern is more broad. She worries this will turn into a flood of pre-certification requests that insurers are not obligated to provide.
- Steven Bennett noted that the issue seems substantive; he noted it seems this issue asks for a substantive change on what is going to be accepted as a compensable injury; he noted this may be better handled by legislation.
- Keith Semple noted that he proposed this issue to start a conversation about the issues coming up for clients and their medical providers in terms of figuring out whether treatment can be authorized and payment can be expected or whether that will be disputed. He reiterated the importance of a timeline or process for response; he noted that the insurer has a timeframe to issue payment to the provider. Even if it is long, there is at least that timeline in place. He added that the current process leaves workers in limbo and, at times, it becomes necessary to raise the issue to MRT when a worker is not being provided medical treatment as the worker waits for the determination to be made. Finally, Keith pointed to the diagnostic services rule that was done via rule amendment, and noted that this issue, too, could be handled by rule amendment.

Issue # 11 (1974)

Timestamp: please refer to 1:36:55 in the meeting's audio recording.

Rules:

- OAR 436-010-0220(5) (Managed Care Organization (MCO) Enrolled Workers)
- OAR 436-015-0030(6) (MCO Plan Choice of Provider)

Issue: OAR 436-010-0220(5) and 436-015-0030(6) provide that an MCO may have to provide a list of three providers willing to treat a worker within a reasonable period of time. However, there is no fixed timeframe for how soon an MCO must provide such a list.

Background:

- OAR 436-015-0030(6)(a) requires an MCO to have an adequate number, but not less than three, of medical service providers from certain provider categories. For categories where the MCO has fewer than three providers within a geographic service area (GSA) or the MCO is unable to provide a list of three providers willing to treat a worker within a reasonable period of time, the MCO must allow the worker to seek treatment outside the MCO from a provider in each of those categories.
- OAR 436-010-0220(5)(b) provides: "Notwithstanding subsection (a) of this section, if a worker is unable to find three providers that are willing to treat the worker in a category

Page 22 of 39

of providers listed in OAR 436-015-0030(6)(a) and (b) in the worker's geographic service area (GSA), the worker may contact the MCO for a list of three providers who are willing to treat the worker. If the MCO, within a reasonable period of time, is unable to provide a list of three providers who are willing to treat the worker, the worker may choose a non-panel provider in that category."

- WCD has seen an increase in the number of workers who are unable to find an MCO provider willing to treat them within a reasonable time.
- WCD has also heard from workers that they had to wait extended periods of time before they received a list of three willing providers from the MCO.
- A stakeholder also submitted this issue. The stakeholder wanted to see the following outcome:
 - Require the MCO to provide a list of three providers within seven days of the request, or allow the worker to treat with a non-MCO panel provider (notice of release).
 - Listed providers must be willing to see the worker within 14 days.
 - If no list or release notice is provided within seven days, the worker may seek treatment outside the MCO and is no longer subject to the MCO.

Options:

- Require the MCO to provide a list of three providers or allow the worker to treat with a non-MCO panel provider within a certain period of time, e.g., seven days.
- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Ted Heus noted that this is a significant problem for his clients. He noted that he has had clients call 50 or so providers in the Portland area without finding one willing and available to treat. He added that, when a provider is located, that provider is often unavailable for the next several months. So, adding a timeline here—or perhaps adding different categories of timelines (e.g. a timeline to respond and a timeline to provide a provider willing to treat within 14 days)—would be helpful.
- Ann Klein noted that Majoris Health has no issue with implementing a timeline. Internally, Majoris already uses a timeline of 14 days; however, Majoris appreciates the flexibility that comes with "reasonable" as the time measure. She noted that, in some instances, such as when a worker is restarting care after a lapse in treatment, there is more

due diligence required. Ann noted the next step is reaching out to network providers to see if they are willing to treat in the specific case. When there is an old injury or a lapse in care, there is typically a request to review the medical file before providing acceptance. This, in turn, causes delay. There is also a balance to avoid reaching out to too many providers while also not only reaching out to the minimum. Due to these instances in which there are consistently delays, Majoris enjoys the current flexibility and worries about the rigidity of a timeline as proposed. Further, Ann added, the flexibility provides better oversight in order for MCOs to fulfill their obligation of facilitating appropriate medical care.

- Craig Miller emphasized the scale of this problem for workers in Eastern Oregon; he noted that the delays often result in workers not getting time loss as they await an authorizing physician to provide treatment. He shared about an instance in which a client waited for over three months to find a doctor on the MCO list willing to treat him; that client ended up needing to drive from Portland to Salem to receive treatment. Further, there are providers on the MCO lists that will not treat injuries older than three or six months, exacerbating the issue. Finally, Craig added that a 14-day timeframe seems appropriate.
- Steven Bennett reiterated that it is important for the injured worker to see a doctor as soon as possible, and believed there should be communication. However, Steve noted that the 14-day timeline was too short and some flexibility is important.
- Keith Semple added that the harm to the MCO that cannot meet the given deadline would not be as significant as the harm to the worker who cannot be treated or receive time loss for several months.
- Connie Whelchel asked about the following suggestion (presented in issue, above): "If no list or release notice is provided within seven days, the worker may seek treatment outside the MCO and is no longer subject to the MCO." She wondered, directing her question at Ann Klein, if this meant the insurer would need to disenroll the worker from the MCO.
- Ann Klein noted that, yes, this would mean disenrollment from the MCO. She added that this is really limiting the view of the benefits that an MCO provides and that providing network options for a specific provider category is not the exhaustive solution of an MCO. She added that Majoris believes there should be a response either way—when there are three willing providers or not—and also noting that, if those providers are booked out, the worker may find a non-network option. Finally, she noted that the idea that the inability to provide the three willing providers indicates that the worker is no longer subject and effectively disenrolled from the MCO results in missing out on other benefits of MCOs.
- Connie Whelchel noted that the disenrollment from an MCO was a concern; she added that adjusters and insurers rely heavily on MCOs to help medically manage claims. Connie suggested there was another solution that might work; she suggested something like the worker seeking an out-of-network provider authorized by the MCO; or an out-of-network provider receiving temporary credentialing from the MCO (to allow the MCO to continue to assist the insurer).
- Craig Miller responded by noting that the providers that are not currently on the MCO list are generally not on the list for a reason (i.e. those providers do not want to be on the MCO list). Therefore, he noted that there may be issues with providing (or requiring)

temporary credentialing for out-of-networker providers. He suggested, if temporary credentialing were required, there would still be a shortage of providers willing to treat workers.

Issue # 12 (2001)

Timestamp: please refer to 2:04:54 in the meeting's audio recording.

Rule: OAR 436-015 (Managed Care Organizations)

Issue: A stakeholder opines that MCOs overtly control benefits other than medical care.

Background:

- Under ORS 656.260(4), an MCO is tasked to provide managed care, consisting of medical and health care services.
- According to this stakeholder, "MCOs were intended [to] govern medical care only. Now MCOs overtly control other benefits (temporary disability, vocational services, permanent disability, compensability) at the request of insurers. This exceeds the authority of MCOs. The rules need to expressly limit MCO involvement in a claim to determining whether requested medical treatment is excessive, inappropriate, or ineffectual, period. MCOs should be prohibited from interfering with, or influencing eligibility for other benefits, either directly or indirectly. The rules need to [be] clarified to make this limit enforceable by the director and the worker."
- The stakeholder referred to one MCO's provider manual, which provides: "In instances when time loss is authorized, [this MCO] requires attending physicians to authorize no more than thirty (30) days at a time." The stakeholder contends that such a provision is in essence controlling temporary disability, not controlling doctor visits or medical treatment.
- This stakeholder is specifically requesting:
 - "Add provision limiting purpose of MCOs to medical treatment and clarifying that MCOs are not to be involved in other benefits.
 - "Definition of 'medical service' to clarify that medical service excludes imposition of work restrictions or temporary disability authorizations.
 - "Clarify that MCO actions that interfere with or influence non-medical treatment benefits directly or indirectly are actions of the insurer and the worker may request administrative [review] by the director with attendant penalties/fees."
- The stakeholder is also requesting that a definition of "medical treatment" be added to division 015.
- "Medical treatment" is defined in OAR 436-010-0005(28). Since OAR 436-015-0005 provides that the definitions of ORS chapter 656 and OAR 436-010-0005 are incorporated by reference, the definition of "medical treatment" in the division 010 rule also applies to OAR 436-015.

Options:

• Amend rule to address stakeholder concerns.

- Make no change.
- Other?

Fiscal Impacts, including cost of compliance for small business:

How will adoption of this rule affect racial equity in Oregon?

Recommendations:

- Marie Loiseau described the issue see above and asked the committee for advice.
- Ted Heus noted that he raised this issue. He provided several examples of situations in which he believed MCOs were acting outside the scope of MCO authority. He noted that he believes this problem has increased over the past five years; specifically, he stated that he has seen much more aggressive actions by MCOs trying to influence and control benefits other than medical treatment. Ted addressed the contract language raised in the issue (above) in which time loss exceeding 30 days was not allowed; he noted this was inappropriate for workers suffering significant injuries, such as paralysis or limb loss. He also raised concern about an MCO interfering with vocational benefits. Ted added that it would be helpful to require disclosure of the contracts that bind a worker when those contracts impact the benefits of the worker. Ted reiterated his suggested solutions, listed above, and added that "utilization review," an MCO responsibility, should be defined in the rules. Overall, Ted voiced a desire for clarity in the rules regarding MCO responsibilities and noted that, in instances where MCOs act outside of their scope, sanctions and penalties would be helpful.
- Steven Bennett noted that the issues raised here may be better suited for legislature, rather than handled through a rulemaking.
- Ann Klein noted that Majoris Health respects that its role is strictly in the medical care of the injured worker and works hard to set protocols and standards that allow Majoris to mind that line. Further, with respect to things like vocational benefits, Ann noted that complexities arise due to the fact that many of the non-medical benefits still rely on medical information in order for the non-medical benefit to be identified as eligible and to be delivered appropriately to the worker. Vocational services, for example, rely on a medical assessment. Temporary disability benefits, added Ann, also rely on prescribed physical restrictions for the individual, which are provided by the attending physician. Ann added that the definition of "medical treatment" (cited in issue) is expanded to include a reference to physical restrictions ultimately intending to improve the well-being of the individual. Ann reiterated that it is within the MCO's purview to review and assess with an attending physician if ongoing physical restrictions are continuing to be an appropriate portion of the worker's treatment plan and if the plan is providing material benefit, if it is curative in nature, or is it time to start transitioning to trials at work as part of the rehabilitation process, is something more needed, etc. Ann added that prescribing

physical limitations and setting a standard for frequency of assessing individuals is part of medical care. Finally, Ann addressed the policy language laid out in the issue (regarding the maximum 30-day intervals of authorized time loss); she noted that Majoris is willing to update the policy language to make the message clear that, should a provider be limiting an individual's abilities, the provider should be checking in and reassessing every 30 days.

- Connie Whelchel noted that, when discussing medical management of a claim, it should include physical capabilities and work restrictions. She added that insurers often reach out to MCOs for work restriction information when providers are not responding timely. She added that insurers or employers, under Division 060, are required to obtain certain information from the attending physician regarding modified work and the worker's capabilities with respect to that work; however, there is no timeframe given for the provider to respond provided in the rules. Because there is no timeline, insurers rely on MCOs for that information.
- Ted Heus agreed with Steven Bennett that there is a legislative component to this issue; however, he did not agree that this issue was only appropriate for legislation. He added that, based on the feedback from others, Ted believes it is clear that MCOs are responsible for "medical management," but there is no definition for this term provided in the rules. Ted referenced ORS 656.260(4)(e) and noted that there is no involvement of insurers in these programs to promote the early return to work of workers. He noted that those programs are intended for the employer and MCO to work together regarding return to work programs, modify duty, transitional duty, etc.; these authorized situations are not, added Ted, situations in which the MCO and insurer reach out to an attending physician to limit temporary disability or change work restrictions. Ted responded to Ann Klein's comments regarding the policy language (quoted in the issue) and agreed that it should be changed. However, Ted noted that changing that contract language, alone, will not solve this issue. Ted reiterated that he does not believe limitation of temporary disability authorizations fall under the definition of medical treatment, as defined in the rules. Ted raised the question that, if work restrictions are considered medical treatment, would they then fall within the purview of the medical review team for challenge? Ted added that, in 20 years of practice, he has not seen a work restriction challenged by the medical review team. Ted added that MCOs should not be involved in determining whether or not someone goes to specific provider for an impairment rating: the impairment rating is not treatment, he added; it is merely a measurement. Ted concluded by reiterating there should be clarity in the rules regarding MCOs scope of authority and what can be done if an MCO acts outside of that authority.
- Elaine Schooler echoed Ann Klein's comment and noted that physical restrictions are inherently intertwined with the doctor's care and the worker's recovery and therefore fall within the MCO's purview. She added that the frequency of treatment seems to align with the MCO's authority to provide treatment guidelines, protocols and standards to ensure care is appropriate.
- Kirsten Adams noted that, if an MCO requires a provider to see a worker every so many days, it makes sense that the provider would also reevaluate work restrictions at that time. She asked for clarification regarding Ted Heus' comments on this issue.
- Ted Heus noted that, yes, it does make sense in most instances to reevaluate. However, there are certain situations in which it is clear that a worker will be on work restrictions

for a much longer period of time. Referring back to the policy language (regarding doctor visits at least every 30 days), Ted noted he has clients that, due to the circumstances of their injuries, do not need to see a doctor every 30 days.

• Rebecca Fey reiterated the points made by Elaine Schooler and Ann Klein. She noted that one cannot separate medical treatment from work restrictions as they are inherently related to each other. To try to separate the two would create a huge problem for MCOs, such as penalty risk, and would be contrary to the overall goal of the workers' compensation scheme. Finally, she added that there is not data available to demonstrate the scale of the issue brought up regarding severe cases in which workers would not need to see a doctor every 30 days. The majority of claims, she noted, would benefit from continued, regular treatment.

Issue # 13

Timestamp: please refer to 2:47:50 in the meeting's audio recording.

Rules: OAR 436-009-0025(1), 436-010-0290(2), 436-015-0110(5), (6), and (7)

Issue: Many prescribed notices in the above referenced rules are worded above a Grade 10 level.

Background: In March 2022, the Workers' Compensation Division invited interested parties to an advisory committee that identified and discussed opportunities to simplify and streamline notices distributed to workers and employers. Committee members advised that revisions of the content and format of notice language that is prescribed by rule could make the notices easier to understand.

Currently, OAR chapter 436 prescribes language for 30 different notices. Many of these notices include information on the worker's rights, processes for appeals, and contact information for questions or assistance. When a rule requires that notices to workers or employers include specific wording, it is critically important that the text helps readers understand their rights and responsibilities. Failure to meet a deadline, for example, can result in suspension or termination of a worker's benefits, or loss of appeal rights.

The division has drafted revised wording for review by the rulemaking advisory committee. The intent is to simplify and clarify the prescribed wording without changing the meaning.

Current wording and revised wording are presented below. These paragraphs are available with marked edits in the appendix.

OAR 436-009-0025(1)(e)(D)

Current, Grade 15:

To access <u>Bulletin 112</u> with information about reimbursement amounts for travel, food, and

Draft, revised, Grade 8 (as of 6/23/23):

<u>Bulletin 112</u> lists reimbursement amounts for travel, food, and lodging. The bulletin is posted here:

Page 28 of 39

lodging costs visit <u>wcd.oregon.gov</u> or call 503-947-7606.

https://wcd.oregon.gov/Bulletins/bul_112.pdf. Questions? Call 503-947-7606.

OAR 436-009-0025(1)(e)(F)

Current, Grade 11:

If you disagree with this decision about this payment, please contact {the insurer or its representative} first. If you are not satisfied with the response you receive, you may request administrative review by the Director of the **Department of Consumer and Business** Services. Your request for review must be made within 90 days of the mailing date of this explanation. To request review, sign and date in the space provided, indicate what you believe is incorrect about the payment, and mail this document with the required supporting documentation to the Workers' **Compensation Division, Medical Resolution** Team, PO Box 14480, Salem, OR 97309-0405. Or you may fax the request to the director at 503-947-7629. You must also send a copy of the request to the insurer. You should keep a copy of this document for your records.

Draft, revised, Grade 6 (as of 6/23/23):

If you disagree with this decision about payment, contact {the insurer or its representative} first. If you still disagree about payment, you may request administrative review by the director of the Department of Consumer and Business Services (DCBS). To request review, you must do all of the following:

- Submit your request within 90 days of the mailing date of this explanation
- Sign and date this explanation in the space provided
- Explain why you think the payment is incorrect
- Attach required supporting documentation of your expense
- Send the documents to:

DCBS Workers' Compensation Division Medical Resolution Team 350 Winter Street NE PO Box 14480 Salem OR 97309-0405

0r

Fax your request to the director at 503-947-7629

• Send a copy of your request to the insurer

Keep a copy of this document for your records.

OAR 436-010-0290(2)(c)

Current, Grade 16

NOTICE TO WORKER, WORKER'S ATTORNEY, AND ATTENDING PHYSICIAN: If you want to appeal this decision, you must notify the director of the **Department of Consumer and Business** Services in writing within 90 days of the mailing date of this notice. Send written requests for review to: Department of **Consumer and Business Services, Workers' Compensation Division, Medical Resolution** Team, 350 Winter Street NE, PO Box 14480, Salem, OR 97309-0405. If you do not notify DCBS in writing within 90 days, you will lose all rights to appeal the decision. For assistance, vou may call the Workers' Compensation Division's toll-free hotline at 1-800-452-0288 and ask to speak with a Benefit Consultant.

Draft, revised, Grade 6 (as of 6/23/23)

Notice to worker, worker's attorney, and attending physician:

If you want to appeal this decision, you must do so within 90 days from the mailing date of this notice. To appeal you must:

- Notify the director of the Department of Consumer and Business Services (DCBS) in writing
- Send your written request for review to:

DCBS Workers' Compensation Division Medical Resolution Team 350 Winter Street NE PO Box 14480 Salem OR 97309-0405

If you do not notify DCBS in writing within 90 days, you will lose all rights to appeal the decision.

For help, call the Workers' Compensation Division's toll-free hotline at 800-452-0288 and ask to speak with a benefit consultant.

OAR 436-015-0110(4)

Current, Grade 10

NOTICE TO THE WORKER AND ALL **OTHER PARTIES:** If you want to appeal this decision, you must notify us in writing within 30 days of the mailing date of this notice. Send a written request for review to: {MCO name and address}. If you have questions, contact {MCO contact person and phone number}. Absent a showing of good cause, if you do not notify us in writing within 30 days, you will lose all rights to appeal the decision. If you appeal timely, we will review the disputed decision and notify you of our decision within 60 days of your request. Thereafter, if you continue to disagree with our decision, you may appeal to the director of the Department of Consumer and Business Services (DCBS) for further review. If you fail to seek dispute resolution through us, you will lose your right to appeal to the director of DCBS.

Draft, revised, Grade 6 (as of 6/23/23) Notice to the worker and all other parties:

If you want to appeal this decision, you must:

- Notify us in writing within 30 days of the mailing date of this notice
- Send your written request for review to:

{MCO name} {MCO address}

If you have questions, contact {MCO contact person and phone number}.

If you do not notify us in writing within 30 days, you will lose all rights to appeal the decision, unless you show good cause. If you appeal within the 30-day timeframe, we will review the disputed decision and notify you of our decision within 60 days of your request. After that, if you still disagree with our decision, you may appeal to the director of the Department of Consumer and Business Services (DCBS) for further review. If you do not seek dispute resolution through us, you will lose your right to appeal to the director of DCBS.

OAR 436-015-0110(5)

Current, Grade 13

NOTICE TO THE WORKER AND ALL **OTHER PARTIES: The issue you have raised** is not a matter that we handle. To pursue this issue, you must request administrative review of the issue by the director of the Department of Consumer and Business Services (DCBS). Send written requests for review to: DCBS, Workers' Compensation Division, Medical **Resolution Team, 350 Winter Street NE, PO** Box 14480, Salem, OR 97309-0405. If you do not notify DCBS in writing within 60 days of the mailing date of this notice, you will lose all rights to appeal the decision. For assistance, you may call the Workers' Compensation Division's toll-free hotline at 1-800-452-0288 and ask to speak with a Benefit Consultant.

Draft, revised, Grade 6 (as of 6/23/23)

Notice to the worker and all other parties:

We do not review the type of issue you have raised. To pursue this issue you must request administrative review of the issue within 60 days of the mailing date of this notice.

If you do not notify the director of the Department of Consumer and Business Services (DCBS) in writing within 60 days, you will lose all rights to appeal the decision.

Send your written request for review to:

DCBS Workers' Compensation Division Medical Resolution Team 350 Winter Street NE PO Box 14480 Salem OR 97309-0405.

For help, call the Workers' Compensation Division's toll-free hotline at 800-452-0288 and ask to speak with a benefit consultant.

OAR 436-015-0110(6)

Current, Grade 15

NOTICE TO THE WORKER AND ALL **OTHER PARTIES:** If you want to appeal this decision, you must notify the director of the **Department of Consumer and Business** Services (DCBS) in writing within 60 days of the mailing date of this notice. Send written requests for review to: Department of **Consumer and Business Services, Workers' Compensation Division, Medical Resolution** Team, 350 Winter Street NE, PO Box 14480, Salem, OR 97309-0405. If you do not notify DCBS in writing within 60 days, you will lose all rights to appeal the decision. For assistance, you may call the Workers' Compensation Division's toll-free hotline at 1-800-452-0288 and ask to speak with a Benefit Consultant.

Revised, draft, Grade 6 (as of 6/23/23)

Notice to the worker and all other parties:

If you want to appeal this decision, you must do so within 60 days from the mailing date of this notice.

If you do not notify the director of the Department of Consumer and Business Services (DCBS) in writing within 60 days, you will lose all rights to appeal the decision.

Send your written request for review to:

DCBS Workers' Compensation Division Medical Resolution Team 350 Winter Street NE PO Box 14480 Salem OR 97309-0405.

For help, call the Workers' Compensation Division's toll-free hotline at 800-452-0288 and ask to speak with a benefit consultant.

Alternatives:

- Revise notices (with additional edits, as needed, based on advice)
- Do not revise notices
- Other

Fiscal Impacts, including cost of compliance for small business:

Insurers and self-insured employers may incur some near-term costs to revise letters and associated computer programs and templates. The agency does not have data that would allow projection of overall costs, but invites input from claims processors.

How will adoption of this rule affect racial equity in Oregon?

The Workers' Compensation Division does not collect data about race or ethnicity related to workplace injuries and illness in Oregon, but the United States Bureau of Labor Statistics publishes <u>lists of occupations and numbers of Americans employed broken down by race</u>. Black/African American and Hispanic/Latino workers are represented in some of the more dangerous occupations in higher numbers than their respective shares of the U.S. workforce. To the extent Oregon workers in these racial groups suffer more on-the-job injuries and illnesses,

Page 34 of 39

Level 3 - Restricted

streamlining of communications may benefit these racial groups more than others. The agency does not have sufficient data needed to estimate specific effects on racial equity in Oregon, but invites public input.

Recommendation:

- Marie Loiseau described the issue and noted that Issue #13 outlines suggested wording changes to various Workers' Compensation Division (WCD) notices. These changes were developed over the past two years as part of the WCD's <u>Streamline</u> <u>Communications Project</u>. The changes are intended to simplify the wording in the notices, but are not intended to change the meanings or objectives of the existing notices.
- Marie added that WCD welcomes external feedback regarding these language changes and encourages specific suggestions. However, please note that we are concerned with simplifying language for workers without losing the original meanings within the notices. We recommend focusing on the following:
 - Do the proposed edits convey information clearly and succinctly to workers?
 - Are there substantive concerns about the edits (i.e., have the changes altered the meaning of the notice)?
 - Were any areas of the proposed edits confusing?
 - Are there any other major concerns about the proposed edits, or implementing the changes to the notices?
- There was no time to discuss this issue during the November 30, 2023 meeting. However, Marie invited people to provide feedback via email to <u>marie.a.loiseau@dcbs.oregon.gov</u>.

Appendix A

Revised mandatory notice wording with marked edits

OAR 436-009-0025(1)(e)(D)

To access Bulletin 112 with information aboutlists reimbursement amounts for travel, food, and lodging. costs visit wcd.oregon.gov The bulletin is posted here: https://wcd.oregon.gov/Bulletins/bul_112.pdf. orQuestions? eCall 503-947-7606.

OAR 436-009-0025(1)(e)(F)

If you disagree with this decision about this-payment, please-contact {the insurer or its representative} first. If you are not satisfied with the response you receivestill disagree about payment, you may request administrative review by the Ddirector of the Department of Consumer and Business Services (DCBS). . Your To request for review-, you must do all of the following, must be made within 90 days of the mailing date of this explanation: . To request review, s

- Submit your request within 90 days of the mailing date of this explanation.
- Sign and date this explanation in the space provided
- Explain why indicate what you believe think the payment is incorrect, about the payment, and mail this document with the
- <u>Attach</u> required supporting documentation <u>of your expense</u>, and
- Send the documents to:

DCBS; -the-Workers' Compensation Division; Medical Resolution Team; 350 Winter Street NE PO Box 14480; Salem; OR 97309-0405;

0r

you may fFax the your request to the director at 503-947-7629.

• <u>You must also s</u>end a copy of the your request to the insurer.

<u>You should kK</u>eep a copy of this document for your records.

Page 36 of 39

OAR 436-010-0290(2)(c)

NOTICE TO WORKER, WORKER'S ATTORNEY, AND ATTENDING PHYSICIANNotice to worker, worker's attorney, and attending physician:

If you want to appeal this decision, you must do so within have, you must, within 90 days from of the mailing date of this notice to do so. To appeal you must:

- <u>N</u>notify the director of the Department of Consumer and Business Services (DCBS) in writing—
- <u>within 90 days of the mailing date of this notice.</u> Send <u>your</u> written requests for review to:

<u>DCBS</u>Department of Consumer and Business Services, <u></u>, Workers' Compensation Division, Medical Resolution Team, 350 Winter Street NE, PO Box 14480, Salem, OR 97309-0405.

If you do not notify DCBS in writing within 90 days, you will lose all rights to appeal the decision.

For assistance<u>help</u>, you may call the Workers' Compensation Division's toll-free hotline at 1-800-452-0288 and ask to speak with a <u>bB</u>enefit <u>C</u>consultant.

OAR 436-015-0110(4)

NOTICE TO THE WORKER AND ALL OTHER PARTIES<u>Notice to the worker and all</u> <u>other parties</u>:

If you want to appeal this decision, you must:

- <u>**nN</u>otify us in writing within 30 days of the mailing date of this notice.**</u>
- Send a-<u>your</u> written request for review to:

{MCO name} {MCO and address}.

If you have questions, contact {MCO contact person and phone number}.

Page **37** of **39**

Level 3 - Restricted

Absent a showing of good cause, i<u>I</u>f you do not notify us in writing within 30 days, you will lose all rights to appeal the decision, <u>unless you show good cause</u>. If you appeal <u>timelywithin the 30-day timeframe</u>, we will review the disputed decision and notify you of our decision within 60 days of your request. <u>ThereafterAfter that</u>, if you <u>continue tostill</u> disagree with our decision, you may appeal to the director of the Department of Consumer and Business Services (DCBS) for further review. If you <u>fail todo not</u> seek dispute resolution through us, you will lose your right to appeal to the director of DCBS.

OAR 436-015-0110(5)

NOTICE TO THE WORKER AND ALL OTHER PARTIES<u>Notice to the worker and all</u> <u>other parties</u>:

<u>We do not review</u> **T**<u>the type of</u> issue you have raised is not a matter that we handle</u>. To pursue this issue, you must request administrative review of the issue within 60 days of the mailing date of this notice.

<u>If you do not notify</u> the director of the Department of Consumer and Business Services (DCBS) in writing within 60 days, you will lose all rights to appeal the decision.

Send <u>your</u> written requests for review to:

DCBS; Workers' Compensation Division; Medical Resolution Team; 350 Winter Street NE; PO Box 14480; Salem; OR 97309-0405.

If you do not notify DCBS in writing within 60 days of the mailing date of this notice, you will lose all rights to appeal the decision. For assistancehelp, you may call the Workers' Compensation Division's toll-free hotline at 1-800-452-0288 and ask to speak with a Bhenefit Cconsultant.

OAR 436-015-0110(6

NOTICE TO THE WORKER AND ALL OTHER PARTIES<u>Notice to the worker and all</u> <u>other parties</u>:

If you want to appeal this decision, you must notify the director of the Department of Consumer and Business Services (DCBS) in writingdo so within 60 days of from the mailing date of this notice. Send written requests for review to: Department of Consumer

and Business Services, Workers' Compensation Division, Medical Resolution Team, 350 Winter Street NE, PO Box 14480, Salem, OR 97309-0405.

If you do not notify <u>the director of the Department of Consumer and Business Services</u> (DCBS) in writing within 60 days, you will lose all rights to appeal the decision.

Send your written request for review to:

DCBS Workers' Compensation Division Medical Resolution Team 350 Winter Street NE PO Box 14480 Salem OR 97309-0405.

For <u>assistancehelp</u>, <u>you may</u> call the Workers' Compensation Division's toll-free hotline at <u>1-800-452-0288</u> and ask to speak with a <u>Bb</u>enefit <u>Cc</u>onsultant.